

The Second Sunday in Lent

COMMUNION

Psalm 5

Consider my meditation: O hearken thou unto the voice of my calling, my King and my God: for unto thee will I make my prayer.

POSTCOMMUNION

We humbly beseech thee, Almighty God: that we whom thou dost vouchsafe to regenerate with thy holy sacraments; may continually serve thee in all virtuous and godly living. Through Jesus Christ our Lord Who liveth and reigneth with Thee and the Holy Ghost, ever one God, world without end. Amen.

INTROIT

Reminiscere (Psalm 25)

CALL to remembrance, thy tender compassion and mercy O Lord, And thy loving-kindnesses towards us, which have been ever of old: Neither suffer our enemies to triumph against us: Deliver us, O God of Israel, out of all our misery and trouble.

Unto thee, O Lord, do I lift up my soul: My God, in thee have I trusted, let me not be confounded.

Call to remembrance, thy tender compassion and mercy O Lord, And thy loving-kindnesses towards us, which have been ever of old: Neither suffer our enemies to triumph against us: Deliver us, O God of Israel, out of all our misery and trouble.

THE COLLECT

ALMIGHTY God, who seest that we have no power of ourselves to help ourselves; Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with Thee and the Holy Ghost, ever one God, world without end. Amen.

COLLECT 2 of Ash Wednesday

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness. Through Jesus Christ our Lord. Who liveth and reigneth with Thee and the Holy Ghost, ever one God, world without end. Amen.

THE EPISTLE
I Thessalonians 4.1-8

BRETHREN we beseech you, and exhort you by the Lord Jesus, that as ye have received of us how ye ought to walk and to please God, so ye would abound more and more. For ye know what commandments we gave you by the Lord Jesus. For this is the will of God, even your sanctification, that ye should abstain from fornication: that every one of you should know how to possess his vessel in sanctification and honour; not in the lust of concupiscence, even as the Gentiles which know not God: that no man go beyond and defraud his brother in any matter: because that the Lord is the avenger of all such, as we also have forewarned you and testified. For God hath not called us unto uncleanness, but unto holiness. He therefore that despiseth, despiseth not man, but God, who hath also given unto us his holy Spirit.

GRADUAL AND TRACT
(Psalm 25)

THE sorrows of my heart are enlarged: O bring thou me out of my troubles, O Lord. Look upon my adversity and misery: And forgive me all my sin.

(Psalm 106) O give thanks unto the Lord, for he is gracious: And his mercy endureth for ever. Who can express the noble acts of the Lord: Or shew forth all his praise? Blessed are they that alway keep judgment And do righteousness. Remember me, O Lord, according to the favour that thou bearest unto the people: O visit me with thy salvation.

THE HOLY GOSPEL
Matthew 15.21-28

AT that time; Jesus went thence, and departed into the coasts of Tyre and Sidon. And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou son of David; my daughter is grievously vexed with a devil. But he answered her not a word. And his disciples came and besought him, saying, Send her away; for she crieth after us. But he answered and said, I am not sent but unto the lost sheep of the house of Israel. Then came she and worshipped him, saying, Lord, help me. But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. And she said, Truth, Lord: yet the dogs eat of the crumbs which fall from their masters' table. Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour.

OFFERTORY
Psalm 119

My delight shall be in thy commandments which I have loved: my hands also will I lift up unto thy commandments, which I have loved.

SECRET

WE beseech thee, O Lord, mercifully to have respect unto these our oblations: that the same may be profitable unto us for our increase in all godliness, and for the advancement of everlasting salvation. Through Jesus Christ our Lord Who liveth and reigneth with Thee and the Holy Ghost, throughout all ages, world without end. Amen